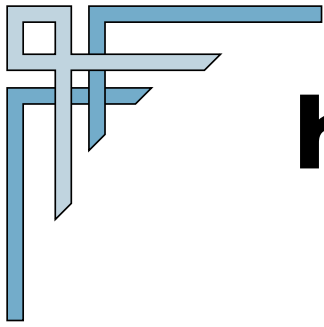


Room Reset

A printable chart
to help you reset a space
when you feel overwhelmed



KC DAVIS struggle
care



how to use your reset chart

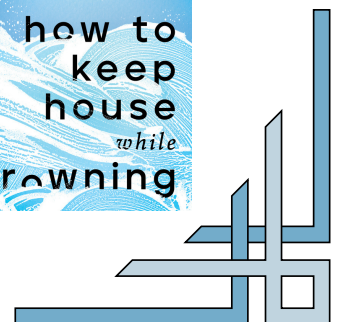
The two best ways to assemble an icon chart are via magnets or velcro dots. I have both on my amazon storefront if you'd like to get them there. Laminating the square makes them last longer or you can also glue them to wood or cardboard pieces. You can usually get things laminated for an affordable price at office supply stores such as Office Depot, Kinkos, or FedEx office.

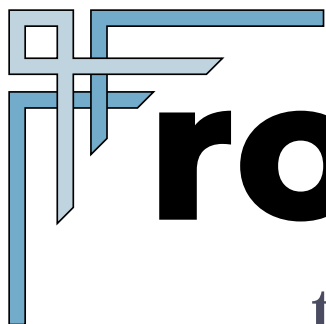
Take a look at the space and try to identify a few or several smaller categories or tasks that need to be done. Don't feel like you have to make it perfect! If you are just starting out focus on just five categories: trash, dishes, laundry, things that have a place, and things that don't. I've included both labeled and unlabeled images, in the case you'd like to use the image to represent something else. There are also some blank squares to use however you'd like.

Wood reset charts will be available soon so be sure to sign up for my newsletter to be the first to know! And be sure to check out my book if you need more help!



-KC Davis





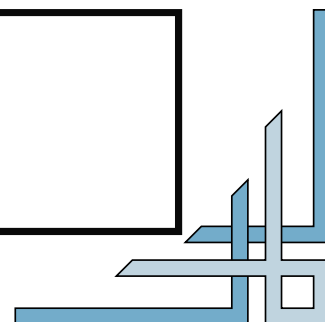
room reset

to-do

Done!

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<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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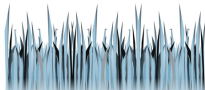
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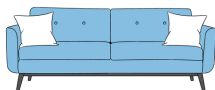




papers



yard



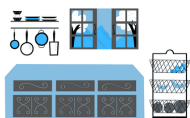
couch



kids table



stuffedies



kitchen
counter

